

Taken From **Winter Vegetable Gardening** – from *Travis Saling's The Westside Gardener* - a site that is dedicated to all growers who live west of the Cascade Mountains.

- http://westsidegardener.com/quick/winter_veggies.html

Plant		Sowing date	Notes
Arugula		August 15-September 15	Holds up reasonably well to rain
Beets		Best in July 1-10, will work if sown until the 20th	Can go colder with mulch
Broccoli	fall/winter	Anytime in June	Rain will probably kill it before the frost does
	overwintered	July 15-August 1	these are the biennial sprouting broccolis
Brussels Sprouts		June 1-15	Seriously, these taste nothing like the store-bought ones
Cabbage (for winter)		Anytime in June	I haven't grown the spring cabbages like First Early Market, so I really don't know the timing
Carrots		July 1-15th	With mulch, these can be depended on to overwinter. An August 1st sowing still give useable, but smaller, roots. With carrots there seems to be big differences that are just related to how particular varieties grow as the days get shorter.
Cauliflower	fall/winter	June 1-30	Rain and slugs tend to do mine in before the cold does
	overwintered	July 15-August 1	Takes soggy soil somewhat better than sprouting broccoli
Chard		Up until early August	Even if the plant dies back, often the crown survives to regrow in the Spring
Claytonia/Miner's Lettuce		August 10-25	Fast growing, compact, does well under cover
Corn Salad/Mache		August 20-September 1	Seems to thrive unprotected in our rainy wet winters
Cress, Garden (Upland)		By late August	Biennial plants can be started as early as late spring
Escarole/Endive		August 1-10	Good cloche candidate, since wetness is more of a problem than cold. Bitterness decreases with frost, and varies from variety to variety.

Favas		September, October	I sow in late September. I've gotten away with sowing them in November; they will grow a little even in winter, during any spells when temps are above freezing!
Kale		July 1-15	Needs no protection
Kohlrabi		July 10-20	Can go lower with mulch or under cover
Garlic		September, October	I plant in late September. Basically, if the ground isn't frozen, you can put them in.
Leeks		April-Early May	Big differences between varieties in terms of hardiness and bolting date. This entry reflects my experiences with Durabel.
Lettuce		August 1-10	Another good cloche candidate
Minutina		August 10-25	Unusual, almost succulent leaves
Mustard		July 15-August 10	Hardiness is variable, depending on variety
Onions	Most types	August 10	Most overwintered onions dry down in June. Waterlogged winter soils can be a problem for all overwintered onions
	Walla Walla sweet	September 1-15	Walla Wallas dry down in July.
	Scallions	June-September	This applies to Allium cepa types of scallions. A. fistulosum types are much hardier and non-bulbing, but also are less tender and hotter in flavor.
Parsnip		July 1-15	It's fun trying to keep these seeds damp until they sprout!
Radicchio		August 1	Leaf types are easier and more reliable. Don't dawdle in sowing this one!
Radishes		Through September	Various rots and soil dwellers spoil mine by midwinter, even though the plants are still alive
Spinach		August 1-15	Under a cloche they can be depended on to overwinter

Also see:

<http://www.seedambassadors.org/Mainpages/wintercroppingtableJune2007.htm> for another winter planting chart with different details.